



# Summer Scampers Hot off the Press

[www.theparkpreschool.org](http://www.theparkpreschool.org)

June and July 2010



## Notes from the Office



Welcome to *Summer Scampers '10*. Doors will open at **8:45am** for **ALL** schedules. Themes: Pirates, Beach, Circus, Picnic, Farm Life & Hawaii

Just a reminder...School will be **CLOSED** on **Monday, July 5<sup>th</sup>**.



**Thursday, August 5<sup>th</sup>...Travis** of Wallaby Tales Traveling Zoo will be here from 9:30-10:30. All children are invited to this. If your child doesn't come on Thursday they are welcome to come from 9:30-10:30.



Please apply sunscreen to your child **BEFORE** he/she comes to camp each day.



Your child should arrive each morning with his/her bathing suit on (unless raining) with a change of clothes (including underwear/extra diapers) a towel and large ziploc bag with their name on it in their backpack. On the days that your child gets wet his/her wet clothes will be placed in that **Ziploc bag**. Please bring it to and from school every day to make the transfer of wet clothes home a little easier. New students will be given a backpack on his/her 1<sup>st</sup> day of camp. For all returning students please **REUSE** your backpacks.



**Lunches...** Any child that will be staying for lunch, (11:45-12:45pm) should come to school with a nutritious meal to sustain him/her throughout the day. It is important for safety in the classroom that each child's lunch is packed in plastic containers and that no glass or tin be in a child's lunch box. Please place an ice pack in your child's lunch box to keep it cool as our refrigerator cannot accommodate all lunches. Juice boxes, water bottles or a thermos are recommended as sippy cups leak. Thank you in advance for your help.



**SHOES...** It is important that each child wear shoes, sneakers or sandals with a back strap. While flip flops are cute during the warm weather, they can be dangerous to children as they run in the park, gym or cross the streets.



**Toys...** For the children staying for nap time they may rest with a favorite stuffed animal. It is important for your child's individual growth that he/she not be given a pacifier at these times.



## Typical Day

- ▶ **8:45-9:30am** - Arrival time, Free time, Art projects & activities related to summer themes - **Pirates, Beach, Circus, Picnic, Farm Life & Hawaii**
- ▶ **9:30-10:15am** - Bathroom, snack and story time (sometimes children will have snack at the park)
- ▶ **10:15-11:30am** - Outdoor play (Park, Sprinklers, Outdoor games, Walks around the neighborhood)
- ▶ **11:30-11:45am** - Walk back to school
- ▶ **11:45am** - Dismissal for half day students
- ▶ **11:45-12:30** - Lunch for transition and full day students
- ▶ **12:45pm** - Dismissal for transition students
- ▶ **1pm-2pm** - Bathroom and Rest Time
- ▶ **2-3:15pm** - *Movement Mondays*  
*Time for Science Tuesdays*  
*Work of Art Wednesdays*  
*Theater Thursdays*  
*Fill my Tummy Fridays*
- ▶ **3:15-3:30pm** - Snack & Story Time- Dismissal for full day students



All activities are weather permitting.  
Inside activities will be planned if children are unable to go outside.

# Summer Birthdays



July 2<sup>nd</sup> ...John Carlo  
July 7<sup>th</sup> ...Banjo  
July 7<sup>th</sup> ...Tristan  
July 24<sup>th</sup> ...Thomas  
August 19<sup>th</sup> ...Reese  
August 25<sup>th</sup> ...Jack

## Sounds of Summer Scampers

### Pirate Song to the tune of:



*If you're happy and you know it*

I'm a very (scary) pirate on my ship. Argh, argh!  
I'm a very (scary) pirate on my ship. Argh, argh!  
I will sail to each new place with this (scary) looking face!  
I'm a very (scary) pirate on my ship. Argh, argh!  
Continue this song filling in the parentheses with silly, happy, angry and weepy.

### Splendid Sunscreen to the tune of:

*Farmer in the Dell*

We're going to the beach, We're going to the beach  
It's such a sunny day! We need to wear sunscreen.  
Rub some on your (nose), Rub some on your (nose)  
It's such a sunny day! Rub some on your (nose).

Continue filling in the parentheses with back, elbows, arms, knees, feet, hands and shoulders.



### Hawaii Song to the tune of:



*Bingo*

In Hawaii, you hear a word, and this word is aloha!  
A-L-O-H-A  
A-L-O-H-A  
A-L-O-H-A  
Aloha means (Hello!)  
...or Aloha means (Goodbye)



### Picnic Song to the tune of:

*She'll be Comin' Round the Mountain*

Yes, we'll all go on a picnic in the park,  
Yes, we'll all go on a picnic in the park,  
Bring some lunch and bring a ball,  
There will be such fun for all!  
Yes, we'll all go on a picnic in the park.



### Circus Song to the tune of:

*Mary Had a Little Lamb*

Let's all go to the circus, the circus, the circus.  
Let's all go to the circus  
And watch a big parade.

See the clowns all tumbling around, tumbling around, tumbling around

See the clowns all tumbling around

In the circus ring.

Lions and tigers jumping through hoops, jumping through hoops, jumping through hoops

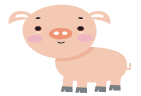
Lions and tigers jumping through hoops

In their circus cage.

The prancing horses step so high, step so high, step so high

The prancing horses step so high

In the circus ring.



### Farm Chant

Five little pigs rolled in the mud

Squish, squash, squish, it sure felt good.

The famer took a pig out, and cleaned him up nice

Continue with four, three, two, and one pig...

No little pigs rolled in the mud,

They all looked nice and clean,

The famer turned his back and what do you know!

All those little pigs jumped back in the mud.

# Summer Fun in the City

## Top 5 Beaches Near NYC for a Family Daycation

<http://mommypoppins.com/ny-kids/top-5-beaches-near-nyc-for-families>



Going to the beach should feel like a vacation even if it is only for a day. Below is a list of some NYC area beaches that are the most beautiful, have the best sand and waves, the most relaxing atmosphere, are easy to get to and the most fun to visit.

- ✓ **Sandy Hook** – It is clean and a beautiful beach that you can reach by public transportation in under an hour. You can even take a ferry ride from Manhattan and then a shuttle bus (or bike ride) to reach the beach.
- ✓ **Robert Moses State Park** – It's a little farther from Jones Beach but that often makes it slightly less mobbed. It has the dunes, wide beaches of clean sand and the Northern Atlantic waves.
- ✓ **Fire Island-Fair Harbor** – According to this article, the best town for kids is Fair Harbor. You can drive or take the LIRR to the ferry. No cars are allowed on the island. It's all bikes, boardwalks and wagons. There are beautiful dunes and you can walk from ocean to bay side in about ten minutes.
- ✓ **Rockaway Park** – This is an urban beach and the sand is different. You can jump on the A train and take it downtown for about 1.5 hours to the end. It's not as crowded as other city beaches but convenient for being a subway ride away.
- ✓ **Seaside Heights** – Before Coney Island is really turned into something, the best boardwalk around is Seaside Heights on the Jersey Shore. It is a mile-long boardwalk jammed with every imaginable contrivance to delight children and separate you from your money.

**\*\*This article also provides some useful information for beaches in or around New York City!**

<http://nymag.com/guides/summer/beaches/>

## Hudson River Park Summer Events

[www.hudsonriverpark.org](http://www.hudsonriverpark.org)



**Sunday, July 4<sup>th</sup>...4<sup>th</sup>** of July Boat Ride 2-4pm (Pier 40)



### River Flicks

Fridays, Pier 46 at 8:30pm

**July 9<sup>th</sup>...** “The Wizard of Oz”

**July 16<sup>th</sup>...** “Cloudy With a Chance of Meatballs”

**July 23<sup>rd</sup>...** “The Great Muppet Caper”

**July 30<sup>th</sup>...** “Monsters vs Aliens”

**August 6<sup>th</sup>...** “Big”

**August 13<sup>th</sup>...** “Ice Age: Dawn of the Dinosaurs”

**August 20<sup>th</sup>...** “Annie”

# Summer Tips

## 30 New York City Family-Friendly Day Trips

From safaris and water parks to scenic trips and beaches here are some great getaway ideas for the whole family...

**Point Pleasant Beach, NJ:** Aquarium, skee ball, rides, the beach and a great boardwalk.

**Beacon's Hudson River Shoreline:** Great events like the strawberry and pumpkin festival, River Pool, farmer's market and fishing.

**White Post Farms, LI:** Feed animals, take train rides, playground, splash down the 58' blow-up “Niagra” water slide.

**Oyster Bay, LI:** LIRR trip away. Calmer water, great ices, tennis and beach sports.

**Stamford Museum and Nature Center, CT:** Part working farm, part zoo, part park. Check their calendar for unique events when planning your trip.

**Pennings Orchard, NY:** Pick-your-own-fruits, petting zoo and drive-in-theater.

**Breakfast at Belmont, NY:** Have a track-side breakfast while watching horses do their morning workout, followed by a guided tour.

**Fernwood Resort, Poconos, PA:** Beautiful villa with bumper boats, hiking, swimming, kayaks and 400 acres.

**Robert Moses State Park, LI:** 5 miles of beach with surfing, fishing and surf-fishing. There's also regular fishing, golfing and playgrounds.

**Van Saun County Park, NJ:** State Park with a zoo, pony rides, kite flying, BBQ-ing, train rides, a carousel, bike paths and sports fields and courts.

**Cape May, NJ:** Gorgeous beaches, lighthouse, old Victorian homes, nice shopping and dining.

**Sandy Hook, NJ:** Part of the NJ shore, 7 mile stretch home to swimming, surfing, clean beaches, boat rides and 300 species of migratory birds, a military base and a lighthouse.

**Atlantic Beach, LI:** Ritzzy village in Nassau County home to multi-million dollar homes and some celeb-spotting. Beautiful beaches with camping close by, fishing and boating and gorgeous houses to look at.

**Bear Mountain State Park, NY:** Majestic setting, large play field, shaded picnic area, swimming (in a pool or lake), fishing, a zoo, hiking, biking and cross-country ski trails.

**Wildwood, NJ:** At the end of the Garden State Parkway is Wildwood.

Follow this link for the other half of this great list!

<http://mommypoppins.com/newyorkcitykids/30-family-friendly-day-trips-from-nyc>